

My Secure Health Data Portal Directions

You will receive an email from MySecureHealthData.com.

Follow these simple instructions:

- Open your email and click on the link to take you to the portal or go to this website: <https://mysecurehealthdata.com>
- Enter your e-mail address in the *User Name* field and click the SUBMIT button twice.
- A validation e-mail is then sent to you with the subject: *Validation of User MySecureHealthData*
- Open your email and click on the Validation URL to return to the registration process. (This is verifying you).
- **Complete the following information:**
 - Last Name
 - First Name
 - New Password (a combination of letters and numbers, at least 8 characters long)
 - Secret Question (at least 8 characters including spaces)
 - Answer to the secret question (at least 8 characters)
- Click the SAVE button.

At this point you have access to you Health Record and Educational Resources. You can message the office and ask your non-urgent questions.

Any questions, please feel free to contact us at (918) 492-8455

Tulsa Eye Associates
6465 South Yale Suite 215
Tulsa, OK 74136